

October conference theme: "Volunteers – Fifty Golden Years"

To celebrate our 50th anniversary year, the KDHA is hosting the 2009 fall conference for Region 9 of the Hospital Auxiliaries of Ontario. The event will take place on October 21 at the Kemptville College.

Over 150 attendees are expected, representing 21 healthcare auxiliaries from as far away as Deep River and Barry's Bay, as well as from closer centres such as Ottawa, Cornwall, Perth and Carleton Place.

Featured speakers include Dr. Greg Leonard of KDH, speaking on prevention of cardiovascular disease, and Jennifer North of Sole Responsibility, describing her efforts to collect and send shoes to displaced people in Africa. KDH CEO Colin Goodfellow will discuss small hospital relationships with their LHIN. (See p. 3 for more.)



KDHA 2nd VP John Legate accepts HAAO conference banner from Deep River Auxiliary in April 2009.

KDH thanks the Auxiliary for 50 years of service



On April 28, Kemptville District Hospital hosted a Volunteer Tea to thank the KDH Auxiliary for the many services that members have performed in support of the hospital since the Auxiliary was formed in 1959. CEO Colin Goodfellow gave a fine tribute to KDHA efforts.

KDH Staff Association members served coffee, tea, sandwiches and cake to the volunteers, and presented an appreciation plaque. Vera Barton, on behalf of the interim long-term care residents, also thanked the Auxiliary. KDHA President Mary Gervais presented V-pins and certificates to members who have made special contributions.

Hey Day 2009 was a huge success

In June, the KDH Auxiliary ran its 49th annual "Hey Day" — the area's largest and most popular yard sale, filling the entire curling arena once again.

The event was a big success, with final sales virtually matching last year's all-time record. Weather was perfect, and even competing with the Stanley Cup didn't keep shoppers away.

The KDH Auxiliary thanks all the volunteers, donors and shoppers, as well as the many businesses and groups who contributed to Hey Day's success this year.

Convenor Bev Carson says, "We are also grateful to residents who took extra care to contribute only saleable items in good repair. We had far less garbage to take to the dump this year, and that really boosts the event's bottom line."

Mark your calendars now! Next year's Hey Day, on June 11-12, will be the 50th year of this event.



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**PLEASE DONATE
CANADIAN TIRE
MONEY**

The Auxiliary welcomes donations of Canadian Tire money to help buy raffle prizes for Hey Day. Please send it to the Auxiliary (address on page 1) or drop it in the locked box outside the gift shop.

**BE A KDH
VOLUNTEER!**

We welcome new volunteers to help with patients (ER, OR, long term care), in pastoral care, in the gift shop, or in other KDHA activities.

Volunteers must fill out an application form and attend an orientation.

To apply, please submit your application, and you'll be contacted to let you know when the next orientation session will be held.

Application forms are available outside the Gift Shop on the lower level of KDH, or from the hospital's HR department. You can also download the form from kdhauxiliary.ca (click on the "Volunteer Now" button.)

For more information, contact Barb McDerby at 613-258-2051.



Heather Westendorp and Helen Rough hand out gift bags on May 29 to the 225 guests at KDH's sod-turning celebration.

KDH construction off to a great start

Construction on the hospital expansion started this spring and is progressing rapidly, with the new building taking shape in our former parking lot behind KDH.

Our North Grenville/South Ottawa area residents will be well served by the new ER, new operating rooms, new diagnostic imaging, and more, due to open in the fall of 2010.

Monitor KDH construction progress with live webcam views



To see how construction on KDH's new wing is progressing, check the webcam image on the KDH website. The image is updated every five seconds.

Go to www.kdh.on.ca; scroll down and click on "Capital Redevelopment Project." The image at left is from July 31.

Quilt Raffle ticket sales begin

The Acton's Corners unit is once again raffling a beautiful handmade quilt created by Heather Hughes. Tickets will be sold throughout the North Grenville community this fall, with the winner's name being drawn in early December.

To find out more, or to volunteer for ticket sales, call Teresa Harrison at 613-258-4468. Proceeds support Auxiliary work at KDH.

50-50 winner is thrilled



Anne Marie McGuire (right) was this year's ecstatic winner of the Auxiliary's 50-50 raffle. Here she receives her \$3,515 cheque from Ferne Richardson. "I was stunned when I learned I had won such a large amount. This will really help with my kids' college tuition!" she says.

New Gift Shop Fund reaches \$50,000 goal

Lis Angus holds the fundraising thermometer that has tracked our progress since April 2007. Thanks to the many contributors, we reached our three-year goal in just over two years!!



In June 2009, we passed our target of raising \$50,000 (over and above our normal fundraising) to pay for interior construction and equipment for the Auxiliary's new gift shop/snack bar, which will open next year in the new wing of KDH.

Donations from groups (including the hospital staff) totalled \$7,300; the Acton's Corners unit and the main Auxiliary each contributed \$6,800; and donations from 81 individuals came to \$29,500.

A special thank you to all our members and supporters who made this happen!

Fall Conference Preparations Underway

The fall conference planning committee, headed by KDHA 2nd VP John Legate, has been working hard since the spring, along with the HAAO Region 9 Executive. The event is looking very promising.

The College auditorium is attractive and provides lots of room for our event.

We'll have several guests of honour. Melba Jarvis, Region 9 Chair, will preside. HAAO Provincial President-elect Joan Farlinger will also attend. North Grenville Mayor Bill Gooch will bring greetings, as will KDH CEO Colin Goodfellow.

We are inviting all KDHA founding members and Past Presidents to attend, in recognition of their special contributions to KDHA's 50 years of service.

More help will be needed as the event approaches. If you'd like to volunteer, call Cathi Finley (613-258-2102) or John Legate (613-258-9009).

Advance preparations will include filling gift bags and assembling displays. About 14 volunteers will be needed at the conference to handle registration, greet and direct attendees, sell raffle tickets, and help staff the gift shop table.

We look forward to welcoming our fellow Region 9 auxiliary colleagues to Kemptville. It'll be a great pleasure to have them join us as we celebrate this significant KDHA anniversary.

New Provincial Life Members honored



Joan Babij (centre), President of the Hospital Auxiliaries Association of Ontario, presented KDH Auxiliary members Beulah Legate (left) and Ferne Richardson (right) with their Provincial Life Member pins and certificates at the HAAO spring conference in Deep River in April.

Running Shoes Needed

In 2005, Jennifer North helped found *Sole Responsibility*, a non-profit organization formed by a group of Ottawa runners to collect gently-used running shoes and donate them to refugees and displaced people in Africa. In five years they have shipped 15,000 pairs to Chad, Darfur and Cameroon.

Jennifer is a featured speaker at our conference and will tell us all about the project. In appreciation, we want to contribute shoes to the next shipment.

Please bring your running shoes (adult or child sizes) to the KDH Gift Shop before the October 21 conference, or to the conference itself.

The shoes must be in good condition and should look new or almost new: no tears, worn out soles, dirty or smelly shoes. Please tie each pair together, using the laces.

50 Years in the Auxiliary



Joan Mussell



Eleanor O'Neill



Ethel Moffitt

At the fall conference in October, we want to recognize any founding members of the KDH Auxiliary who are still living in our community.

Joan Mussell, Eleanor O'Neill and Ethel Moffitt were all young women

when they joined the KDH Auxiliary in 1959. Joan and Eleanor still work hard at Hey Day each year. Ethel (who served as President in 1981-83) is no longer able to be active, but her friend Lucy Lloyd (herself a long-time member) keeps her informed about Auxiliary activities.

If you know of other individuals who were members in 1959, please contact Mary Gervais at 613-260-1373.

SECOND HAND ROSE

The "Second Hand Rose" section in the KDH Gift shop offers a range of gently-used (and still-beautiful) jewelry, china and other items at terrific bargain prices.

Joyce Charter, co-manager of the gift shop, encourages area residents to donate jewelry and other small treasures that they are no longer using. "These items can bring pleasure to a new owner, and can benefit the hospital too."

To donate items for Second Hand Rose, please call Joyce at 613-258-6706, or bring the items to the gift shop during opening hours.

2009 BURSARY WINNERS

Every year, the KDH Auxiliary awards a bursary to a student graduating from each of the local high schools who is pursuing post-secondary studies in a health care field. Congratulations to this year's recipients:

North Grenville District HS:

Jessica Moore will be entering an Honours BSc. program in Health Science at Brock University.

St. Michael's Catholic HS:

McKenzie Laframboise will be pursuing a BSc. in Biology at Concordia University.

Support the KDH Auxiliary Breast Cancer Walk Team

So far, five people have joined the Auxiliary team and will be walking 60 km in June 2010 to help raise funds for a mammography machine at KDH.

From left: Lis Angus, Linda Cruz, Bev Cecchini, John Legate, and Beulah Legate.

We hope more walkers will join the team, and we are grateful for all donations.

See below for details.



Next June 5-6, a KDH Auxiliary team will be walking 60 kilometers over two days through the streets of Ottawa. They'll be joining thousands of other participants raising funds to fight cancer.

Our Auxiliary team has a special reason for participating. The Ottawa Regional Cancer Foundation has agreed that 75% of funds raised by Kemptville teams in the Weekend to End Breast Cancer will be directed to KDH to help purchase a state-of-the-art mammography machine.

The new KDH wing under construction will include a mammography suite, but the hospital does not yet have funding for the mammography machine itself.

Having mammography close to home will boost early detection, and thus help save lives.

The KDH Auxiliary has voted to support the hospital in fundraising for the mammography machine. The Breast Cancer

walk team is part of this support.

We encourage additional walkers to join the team — this is a great way to improve your fitness level while raising money for a very important cause.

Each team member must raise at least \$2,000 (\$1,250 for one-day walkers) to qualify for the event. We hope to exceed these minimums if we can, especially since most of it will come back to KDH.

We'll work together on both challenges: training for the walk, and raising the funds.

Visit our team website at www.endcancer.ca/goto/kdhauxiliary.

To sign up, click on the "Join Team" button at the bottom (password HEYDAY).

To donate, click on each team member's name to reach their personal website and "donate to" button. Or if you prefer to mail in your donation, see the form enclosed with this newsletter.

CALENDAR

Auxiliary Meetings:

7 pm, 3rd Monday in month in KDH Board Room (no meetings July, August or December):

- September 21
- October 19
- November 16 (or TBA)

Other Events:

Oct. 21: **HAAO Region 9 Fall Conference**, Kemptville

Nov. 16-18: **HAAO Convention** (Provincial), Toronto

FREE SUBSCRIPTION

To get *KDH Auxiliary News* mailed to you regularly, send a request, with your name, mailing address and signature, to KDHA — our address appears on the front cover.

Subscriptions are free, but we are grateful for small donations to cover the cost.

You may also request to receive *KDH Auxiliary News* by email (in addition to, or instead of, a printed copy).

If you move - please let us know your new address!