

## Get ready for HeyDay 2012 — 52nd year

HeyDay has been a bargain hunter's dream for 52 years. The giant yard sale that fills the North Grenville Curling Club on the second weekend in June each year, it is also the KDH Auxiliary's main fundraising event.

This year's HeyDay will be on Friday **June 8** (7-10 pm) and Saturday **June 9** (9 am -1 pm).

The first sign of HeyDay is the sale of 50-50 tickets beginning in mid-April at various places in the North Grenville community and area. Tickets are one for \$2.00 and three for \$5.00. The winning ticket will be drawn on Saturday June 11 at 1 pm.

We welcome donations of saleable items of all kinds, to be dropped off at the Curling Club on Thursday, June 7 (9 am to 8 pm).

Volunteers will be needed to sort donated items from Thursday June 9 through Friday June 10. Help is also needed in the canteen to prepare the mountain of sandwiches that are devoured by HeyDay volunteers and shoppers. Donations of home baked pies are welcome and enjoyed by all.

To volunteer, call HeyDay convenor Lillian Leonard at 613-258-5360.



Fionna Kerr fell in love with a pony at HeyDay 2011.

### Only saleable items, please

Please make sure your donated items are clean and in working order. Also note that there are items we don't accept, either for health and safety reasons or because they do not sell. (The Auxiliary has to pay dumping fees for all discarded items, which is a waste of funds. We need to keep the amount of "junk" donated to an absolute minimum.)

We cannot accept:

- box springs, mattresses, sofa-beds
- refrigerators or freezers
- propane tanks
- tires or car batteries
- microwaves
- computers, monitors, printers
- television sets, console stereos
- suitcases
- encyclopedias, textbooks, technical manuals
- sports helmets
- strollers, playpens, carseats, highchairs, cribs

## Auxiliary donates \$50,000 to KDH



KDHA president Bev Carson gave CEO Colin Goodfellow a cheque for \$50,000 in March.

On March 27, KDH Auxiliary President Bev Carson presented a cheque for \$50,000 to KDH CEO Colin Goodfellow. The donation will purchase a heart monitor, a defibrillator, and a blanket warmer for an operating rooms in the hospital.

With this cheque, the Auxiliary has donated over \$875,000 to purchase equipment at the hospital since the KDHA was founded in 1959. (In addition, we are on track to raise \$100,000 for the mammography fund.)

This year's donation is double the amount the Auxiliary has given in recent years, an increase that largely reflects the growth in revenue from the new gift shop and coffee bar.

## Volunteer Voices - #5

This is the fifth in a series of articles profiling KDH's various volunteer teams. The piece below is by Sylvia Johnston, a regular volunteer at the **Interim Long Term Care Unit (ILTC)** at Kempville District Hospital.

As the name of the unit says, this is an interim facility for residents who are waiting for placement in a long term care home. Volunteers work with the unit staff to make the residents feel at home and engaged in interesting activities.

### APPLY NOW TO VOLUNTEER AT KDH

We welcome new volunteers to help with patients (ER, OR, long term care), in visitor kiosks, in pastoral care, in the gift shop, or in other KDHA activities.

Application forms are available at the Gift Shop on the lower level of KDH, or from the hospital's HR department.

To apply, please submit your application, and you'll be contacted to let you know further steps in joining our volunteer team.

For more information, contact Catherine Brunton (613) 258-5111 or Louise Tallman (613) 258-2034..



Sylvia Johnston

Volunteers at the Interim Long Term Care unit help the staff with any of the activities required to enable the residents to maintain happiness and keep their minds active.

Various weekly fun activities include the residents' favourites: bingo, word games, singalongs, reminiscing, one-on-one talks, participating in the weekly prayer services, or monthly birthday celebrations (with a delicious cake provided by the KDH Auxiliary).

We also help with serving snacks and beverages mid-day, and help with feeding those who require help at meal times.

In the summer there are additional activities. Volunteers assist residents with planting, weeding and caring for the veggies and flowers they have planted in Beth's Garden. At times we just sit out in with them in the garden enjoy nature and soak up the summer sun and talk. We all enjoy days out, such as a BBQ to celebrate Fathers Day, or excursions to interesting places such as mini zoos or gardens.

On hot days ice cream treats are served on the patio.

If residents are able and willing, shopping trips for Christmas gifts at a nearby mall are organized by the ILTC staff. Volunteers are welcome to help in escorting the residents. Shopping is followed by mini lunch of your choice at the mall.



ILTC residents enjoying Christmas Tea

Help is greatly appreciated when preparing for special events such as residents' family Christmas Party, Mother's Day, a Victorian Tea party etc.

As a volunteer on the ILTC unit, one becomes a welcome friend, attentive helper and listener to the well-deserving residents. ILTC volunteers are proud to be part of the family.

### SECOND HAND ROSE

The "Second Hand Rose" section in the KDH Gift shop offers a range of gently-used (and still-beautiful) jewelry, china and other items at terrific bargain prices.

Joyce Charter, co-manager of the gift shop, encourages area residents to donate jewelry and other small treasures that they are no longer using. "These items can bring pleasure to a new owner, and can benefit the hospital too."

To donate items for Second Hand Rose, please call Joyce at 613-258-6706, or bring the items to the gift shop during open hours (every weekday from 10 am - 6 pm.)

### Auxiliary buys e-reader for Interim Long Term Care Unit



Gwen Gromoll tries out the e-reader

When volunteer Roger Hammond learned that one of the residents on the ILTC unit loved to read, but was having trouble holding a book, he realized that an e-reader might solve the problem. It can be laid flat on a table, with "pages" turned with a push of a button. A wide variety of books can be loaded into it, and the type size can be varied to suit the reader's preference.

He approached the Auxiliary with a request for funds, which was quickly approved. A new Kobo e-reader is now at the unit for the residents to use.

## KDH Auxiliary Breast Cancer Walk Team 2012

The KDH Foundation is organizing a one-day fundraising walk in Kemptville on October 13, 2012, to raise funds for the KDH mammography campaign. The Auxiliary walker team will be participating. We urge you to join us. Details are available at [www.kemptvillewalks.dojiggy.com](http://www.kemptvillewalks.dojiggy.com).

There are two options to choose from, depending on the goal you are comfortable with:

- walk 10 km, raise a minimum of \$500
- walk 30 km, raise a minimum of \$1,250

If you can't walk, we encourage you to donate, either to an individual walker or to the entire team. You can donate online at the above website, but cash and cheques are welcome too. All donors will receive tax receipts. 100% of donations to this walk will go to the mammography campaign (compared to 75% in the last two years — this is because KDH is organizing its own walk this year.) And 100% of donations to the Auxiliary team will count towards our commitment of \$100,000 to the total fund goal of \$750,000.



### TRIBUTE FUND

Make a tax-deductible donation to the Auxiliary to honour the memory of a loved one, or to celebrate a special occasion. All Tribute Fund donations are used for the direct benefit of patient care at KDH.

Send your donation, marked "Tribute Fund" and with the name of the honouree, to the KDH Auxiliary—see address on front cover.

Or donate online at [kdhauxiliary.ca](http://kdhauxiliary.ca) (click on the "donate now" button and select *Tribute Fund*.)

## Mammography campaign now in third year

In the first two years of our campaign to raise funds for digital mammography equipment at KDH, members and supporters of the Auxiliary donated \$20,000, and our walker group raised another \$43,000.

We want to keep up the momentum

in the third year of this campaign. If you made a multi-year pledge, please send in your 2012 donation now. One-time donations, large and small, are also more than welcome. All donations of \$10 or more will receive a tax receipt.

## Acton's Corners Unit readies quilt for this fall's raffle

Each fall, the KDHA Acton's Corner's unit organizes a quilt raffle. This has been a very successful fundraiser, contributing several thousand dollars each year to the Auxiliary's continuing program to buy equipment for Kemptville District Hospital.

Of course, in order to have a quilt raffle, one must have a quilt. For the past several years, Auxiliary member Heather Hughes

created a special quilt for that year's raffle, but sadly Heather passed away last fall.

Nevertheless, there will be another beautiful quilt for this year's raffle. The quilt top, in a "Bear's Paw" pattern, has been donated by Eleanor O'Neill. Emilie Martin contributed the back and batten, and the Osgoode Quilters are doing the hand quilting.

We are all eager to see the result.

## KDH Volunteers receiving HAAO Provincial Life Memberships

Each year, the HAAO (Hospital Auxiliaries Association of Ontario) invites Auxiliaries to nominate candidates for Provincial Life Membership (PLM).

PLM status confers special recognition on members who have given outstanding service to one or more hospital auxiliaries in Ontario. It is the highest award given to hospital volunteers in the province.

Nominations must be submitted each spring, are approved by HAAO in the fall and announced at the annual Convention

in Toronto in November.

In 2011, the KDH Auxiliary nominated three members for PLM status, to acknowledge their longtime service and contributions to our hospital and community:

- Mamie Johnston
- Cathi Finley
- Cecile Prodonick

All three candidates were approved. The awards were officially announced last November, and the KDH recipients will receive their PLM pins this spring.

### KDHA VOLUNTEER HOURS IN 2011

Each year we report the total number of volunteer hours contributed to the hospital by Auxiliary members and volunteers. The result in 2011 came to an impressive total.

Here's a quick summary of those hours:

patient care	3,927
gift shop	3,274
fundraising	3,267
organizing	1,078
<b>TOTAL</b>	<b>11,546</b>

Thank you to all of you who participated.



## Volunteers to be honoured at Volunteer Tea - April 17



Volunteers enjoyed the presentations and each others' company at the 2011 Volunteer Tea.

Each year, the Kemptville District Hospital hosts a tea to honour its volunteers. This year's tea will be held at **2 pm on Tuesday, April 17**, at the Kemptville Legion Hall on Reuben Street.

Sally MacInnis, KDH's infection control nurse, will be demonstrating hand hygiene

techniques at this year's tea.

The Auxiliary always gives out its own awards at this tea, and this year several long-time volunteers will receive recognition for their contributions.

We encourage all volunteers to attend this event.

## CALENDAR

### Auxiliary Meetings:

7 pm, 3<sup>rd</sup> Monday in month in KDH Board Room (no meetings July, August or December):

- April 16
- May 21
- June 18 (includes AGM)

### Other Events:

April 17: Volunteer Tea, Legion Hall, 2 pm.

April 25: **HAAO Ontario East Spring Conference**, Annprior.

May 17: **KDH Memorial Service**, North Grenville Community Church, 2 pm.

June 8-9: **HeyDay**, North Grenville Curling Club. See page 1 for hours.

## FREE SUBSCRIPTION

To get *KDH Auxiliary News* mailed to you regularly, send a request, with your name and mailing address to KDHA — our address appears on the front cover.

Subscriptions are free, but we are grateful for small donations to cover the cost.

You may also request to receive *KDH Auxiliary News* by email (in addition to, or instead of, a printed copy).

**If you move - please let us know your new address!**

## IN MEMORIAM

### Evelyn Dangerfield



Evelyn Dangerfield died peacefully at the Kemptville District Hospital, at age 97, on Saturday March 17. Evelyn was active in the Oxford Mills community for many years.

She was one of the founding members of the KDH

Auxiliary in 1959. Her support of Auxiliary efforts continued into recent years, including baking each year for HeyDay.

Evelyn's family has asked that donations in her memory be made to the KDH Auxiliary or to the Oxford Mills United Church.